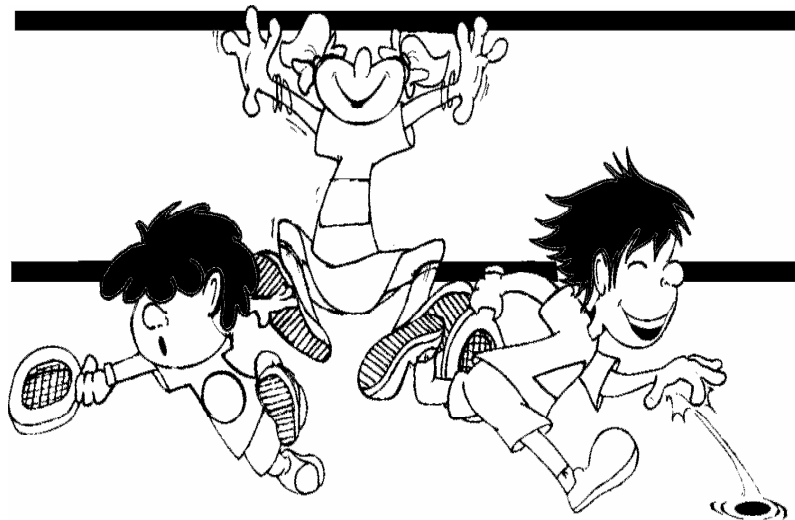




# 2010 Coaching Plan



Prepared by:  
**Lindsey Walters**  
District Coaching Co-ordinator

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## **Introduction**

The purpose of this plan is to provide a reference document for all members of Squash Waikato ranging from the players to the Executive Board of Squash Waikato.

## **Vision**

*In partnership with its member clubs, Squash Waikato will deliver programmes that gain the respect of other districts through the outstanding performances of its athletes both on and off the court.*

## **Values**

The plan will be guided by the following values:

**1. Spirit of Sacrifice** *"there isn't enough money to buy results"*

The Plan is founded on the willingness of players and coaches to make personal sacrifices in order to achieve outstanding results.

**2. Competitive Ethos** *"being good in regional terms is not good enough"*

The measure of success of the plan is success in national competitions. The benchmark for players is their ability to win in NZ.

**3. All Round Preparation** *"strength in all facets of the game is a minimum requirement"*

Players and coaches will achieve superior standards in:

1. Technical Mastery
2. Tactical Appreciation
3. Physical Conditioning
4. On-court performance under pressure
5. Off-court presentation and professionalism
6. Independent thinking

## Goals

### Performance

- Successful performances at National Senior, Junior, and Masters Teams event competitions
- A healthy base of players from which District representative teams can be selected
- Waikato players routinely competing on the national circuit.
- Waikato players gaining selection to National Squads

#### Objectives

	Achieved in 2009	Target for 2010	Target for 2011
<b>Senior Men Team Ranking</b>	6 <sup>th</sup>	5 <sup>th</sup>	4 <sup>th</sup>
<b>Senior Women Team Ranking</b>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>
<b>Junior Men Team Ranking</b>	7 <sup>th</sup>	6 <sup>th</sup>	5 <sup>th</sup>
<b>Junior Women Team Ranking</b>	5 <sup>th</sup>	4 <sup>th</sup>	3 <sup>rd</sup>
<b>No. Players in Nationals Squads</b>	1	4	5
<b>No. Player in NZ Teams</b>	1	2	3
<b>Master Team Ranking</b>	4 <sup>th</sup>	3 <sup>rd</sup>	2 <sup>d</sup>

### Coaching

- A network of qualified and experienced coaches who have the ability and enthusiasm to deliver quality programmes to players and achieve successful outcomes.
- To develop club coaches in Waikato. There will also be three District Coaches Workshops aimed at predominantly Level 2 Coaches involved in the High Performance programme - to be held in March, July & October.
- One Level 1 Coaching Course will also take place.

#### Objectives

<u>Coaching</u>	Achieved in 2009	Target for 2010	Target for 2011
<b>Level 2 (active)</b>	7	8	9
<b>Level 1 (active)</b>	30	45	60
<b>Squash Leaders</b>	26	50	75

<u>Referees</u>	Achieved in 2009	Target for 2010	Target for 2011
<b>District</b>	4	6	8
<b>National</b>	1	2	3

## 2010 Open Tournament Schedule

There are four National events that Squash Waikato encourages local players to consider as part of their programme for next season:

- |                               |              |               |
|-------------------------------|--------------|---------------|
| - North Island Championships, | Hamilton,    | June 11-13    |
| - NZ Open                     | Mt Maunganui | Aug 13-15     |
| - NZ Nationals                | TBC          | Aug 20-22     |
| - NZ Masters                  | Kawaroa Park | October 22-25 |

The 2010 local tournament calendar has been modified to ensure that Open events are spread over the season. The Elite Series will kick off the season for top players, followed by the weekly winter and spring interclub competitions.

### Open Tournaments

<u>Open Tournaments</u>	<u>Date</u>
Leamington	February 19-21
Cambridge	March 5-7
*Matamata	March 12-14
Te Aroha	April 16-18
*ASB Waikato	April 30- May 2
Cambridge	May 28-30
Whangamata	June 4-6
*North Island Champs (at Hamilton)	June 11-13
Waihi	June 18-20
Cambridge	June 25-27
*Morrinsville	July 2-4
Thames	July 30-1
Mercury Bay	August 6-8
NZ Open	August 13-15
NZ Nationals	August 20-22
NZ National Teams	August 23-24
Te Awamutu	September 3-5
Waihi	September 10-12
Whangamata	November 12-14

\* Players in the District Development Squad and in contention for the Waikato Senior Team should compete in three of these four events.

## 2010 Junior Tournament Schedule

There are three National Junior events that Squash Waikato encourages local players to consider as part of their programme for the 2010 season:

- |                           |              |             |
|---------------------------|--------------|-------------|
| - NZ Junior Open          | North Shore  | April 9-11  |
| - North Island Age Groups | Hawkes Bay   | July 8-11   |
| - NZ Junior Nationals     | Christchurch | October 4-6 |

The Junior Committee are taking a junior squad to the Australian Junior Series on 3<sup>rd</sup> – 11<sup>th</sup> April in Adelaide. This is a world class event and should prove very beneficial to the players who attend.

The Junior Committee are also taking a small junior squad to the Malaysian Junior tournaments on 1<sup>st</sup> – 12<sup>th</sup> June in Penang and Kuala Lumpur.

The representative season kicks off with the Waikato / Auckland / Bay of Plenty Junior Triangular for players from U/11 to U/19. This is hosted in Te Puke on April 23-25

### Key Junior Tournaments

### Date

NZ Junior Open	April 9-11
**Waikato Open	April 30-2
*Waikato Junior Age Groups	May 28-30
**North Island Champs (at Hamilton)	June 11-13
South Island Age Groups	July 3-5
North Island Age Groups	July 8-11
*Waikato Junior Open	July 30-1
NZ Junior Nationals	September 30-3
NZ Junior Nationals Teams	October 4-6

\*All players in Waikato Junior coaching squads, Development, Elite and National Elite are expected to play in these two tournaments.

\*\*Players in the Junior National Elite Squad who are in contention for the Waikato Junior team are additionally expected to play in one of these two tournaments.

## District Squad Structure

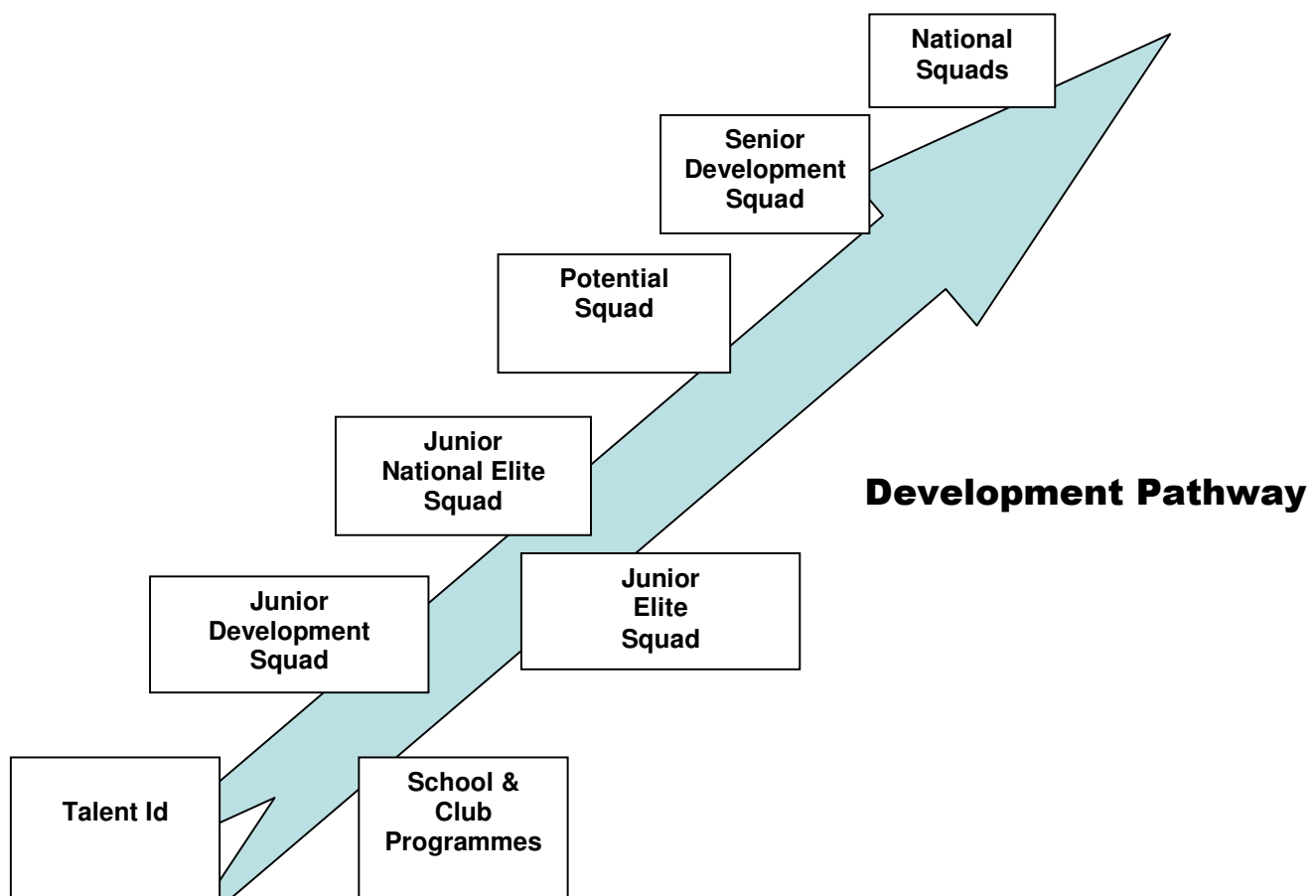
Squash Waikato will base the player development programme around 5 levels of development:

1. *Senior Development Squad*
2. *Potential Squad*
3. *Junior National Elite*
4. *Elite Squad*
5. *Development Squad*

*(The district will consider the implementation of a U23 Squad if sufficient interest and enthusiasm warrants the extra squad).*

The purpose of the Squad structure is to:

- Identify the development pathway for players through to District representation and selection into NZ squad program.
- Provide annual programmes for players
- Provide a base of technically, tactically, physically motivated and competitive players from which Waikato teams can be selected



## **1. District Senior Development Squad**

The goals of the squad are:

- To produce players capable of representing Waikato with distinction in National competitions
- To prepare a representative team for success at National events
- To set the standards for squash in Waikato
- To assist players in the NZ squad system

### **Selection**

Players will be invited to be part of the Senior Development Squad by the Senior selectors. The selection will occur annually. Numbers will be dependant on the standard of players at any one time.

### **Key Tournaments**

*Matamata Open	March 12-14
*Waikato Open	April 30-2
*North Island Championships (at Hamilton)	June 11-13
*Morrinsville Open	July 3-5
NZ Senior Nationals	August 20-24

\*All players participating in the Senior Development Squad and are wishing to be considered for the Waikato Senior Team are expected to compete in three of the four local events.

### **Camp Dates**

On announcement of the Waikato Senior team to compete at the NZ Senior Nationals two Training camps will be organised.

## **2. District Potential Squad**

The goals of the squad are:

- To produce players who are capable of getting into a National Squad, and/or if they are a junior are capable of reaching the top 4 of the NZ rankings in their age group.
- To produce players who are capable of representing New Zealand in the near future.

The Potential Squad will have access to the District Coaching Co-ordinator or an assigned Coach on an individual basis and each will receive personalised training and competition programmes. Each players goals will be determined by the player and the Coach.

All players will have an individual player agreement (Appendix 2).

### **Selection**

The Potential Squad will be selected on a combination of talent and potential by the junior/senior Selectors at the start of the 2010 season. (Appendix 5).

Players may be added / removed throughout the year depending on the current selection criteria.

Numbers will be dependant on the standard of players at any one time.

### **Key Tournaments**

Seniors -

*Matamata Open	March 12-14
*Waikato Open	April 30-2
*North Island Championships (at Hamilton)	June 11-13
*Morrinsville Open	July 2-4
NZ Senior Nationals	August 20-24

\*All senior players participating in the Potential Squad are expected to compete in three of the four local events (ie excluding the Nationals).

Juniors -

NZ Junior Open	April 9-11
**Waikato Open	April 30-2
*Waikato Junior Age Groups	May 28-30
**North Island Championships (at Hamilton)	June 11-13
South Island Age Groups	July 3-5
North Island Age Groups	July 8-11
*Waikato Junior Open	July 30-1
NZ Junior Nationals	September 30-6

\*All junior players participating in the Potential Squad are expected to play in these two local junior tournaments

\*\*Additionally players are expected to play in one of these two tournaments (ie excluding the Nationals).

### **3. District Junior National Elite Squad (JNE)**

The goals of the squad are:

- To prepare players to represent Waikato with distinction at the National Championships each year
- To prepare players to progress into the District Senior Development Squad
- To prepare players to gain selection into the NZ Squad system

#### **Selection**

The Junior National Elite Squad will be selected on a combination of talent and potential by the Junior Selectors and squad coaches.

A selection camp will be held on Sunday 14<sup>th</sup> February 2010 to select the squad.

Players may be added or removed throughout the year depending on the current selection criteria.

Numbers will be around 12 players.

All players will have individual player agreements (Appendix 1).

#### **Key Tournaments**

NZ Junior Open	April 9-11
**Waikato Open	April 30-2
*Waikato Junior Age Groups	May 28-30
**North Island Champs (at Hamilton)	June 11-13
South Island Age Groups	July 3-5
North Island Age Groups	July 8-11
*Waikato Junior Open	July 30-1
NZ Junior Nationals	September 30-6

\*Players in the Junior National Elite squads are expected to play in these two local junior tournaments.

\*\*Additionally players are expected to play in one of these two tournaments (ie excluding the Nationals). It is recommended that they compete in all listed tournaments where possible.

#### **Camp Dates**

March 25	6.30 – 8.30
May 9	10 - 12
June 24	6.30 – 8.30
July 22	6.30 – 8.30
September 2	6.30 – 8.30
September 19	9.30 - 1

NB Camp Dates provisional. Please check website for latest information on dates and venue.

#### **4. District Junior Elite Squad**

The goals of the squad are:

- To introduce and prepare players for the demands of junior representative squash
- To prepare players to progress into the District Junior National Elite Squad or Senior Squad
- To produce players who can win selection into the NZ Squad system

#### **Selection**

The Junior Elite Squad will be selected on a combination of talent and potential by the Junior Selectors and squad coaches.

A selection camp will be held Sunday 14<sup>th</sup> February to select the squad.

Players may be added or removed throughout the year depending on the current selection criteria.

Numbers will be dependant on the standard of players at any one time.

All players will have individual player agreements (Appendix 1).

#### **Key Tournaments**

NZ Junior Open	April 9-11
Waikato Open	April 30-2
*Waikato Junior Age Groups	May 28-30
North Island Age Groups	July 8-11
*Waikato Junior Open	July 30-1
NZ Junior Nationals	September 30-6

\*Players in the Junior Elite squad are expected to play in the two Waikato Junior tournaments. It is recommended that they compete in all listed tournaments where possible.

#### **Camp Dates**

March 28	11.15-1.15
May 16	11.15-1.15
June 27	11.15-1.15
July 25	11.15-1.15
August 29	11.15-1.15
September 19	9.30- 1

NB Camp Dates provisional. Please check website for latest information on dates and venue.

## **5. District Junior Development Squad**

The goals of the squad are:

- To identify Waikato's most talented young players
- To instil correct basic techniques which will allow players to progress
- To introduce and prepare players for the demands of junior representative squash
- To produce players who can win selection into the Elite Squad

### **Selection**

The Junior Development Squad is selected on a combination of talent and potential by the junior selectors and squad coaches.

A selection camp will be held Sunday 14<sup>th</sup> February to select the squad.

Players may be added or removed throughout the year depending on the current selection criteria.

The number will vary depending on the quality of the players and their age.

### **Key Tournaments**

Waikato Open	April 30-2
*Waikato Junior Age Groups	May 28-30
*Waikato Junior Open	July 30-1
NZ Junior Nationals	September 30-6

\*Players in the Development Squad are expected to play in the two Waikato Junior tournaments.

### **Camp Dates**

March 28	9-11
May 16	9-11
June 27	9-11
July 25	9-11
August 29	9-11
September 19	9.30-1

NB Camp Dates provisional. Please check website for latest information on dates and venue.

## District Squads 2010 Camp Dates

The following are the provisional camp dates for 2010. All camps are compulsory for squad members unless otherwise stated. NB. Please check our website for latest information on dates and venue.

Squad members must communicate confirmation of their attendance to Squash Waikato no later than one week before the start of the camp.

### **Junior National Elite Squad**

<b>Selection Camp</b>	<b>Sun 14<sup>th</sup> February</b>
Camp 1	Thu 25 <sup>th</sup> March
Camp 2	Sun 9 <sup>th</sup> May
Camp 3	Thu 24 <sup>th</sup> June
Camp 4	Thu 22 <sup>nd</sup> July
Camp 5	Thu 2 <sup>nd</sup> September
Camp 6	Sun 19 <sup>th</sup> September

### **Elite Squad**

<b>Selection Camp</b>	<b>Sun 14<sup>th</sup> February</b>
Camp 1	Sun 28 <sup>th</sup> March
Camp 2	Sun 16 <sup>th</sup> May
Camp 3	Sun 27 <sup>th</sup> June
Camp 4	Sun 25 <sup>th</sup> July
Camp 5	Sun 29 <sup>th</sup> August
Camp 6	Sun 19 <sup>th</sup> September

### **Development Squad**

<b>Selection Camp</b>	<b>Sun 14<sup>th</sup> February</b>
Camp 1	Sun 28 <sup>th</sup> March
Camp 2	Sun 16 <sup>th</sup> May
Camp 3	Sun 27 <sup>th</sup> June
Camp 4	Sun 25 <sup>th</sup> July
Camp 5	Sun 29 <sup>th</sup> August
Camp 6	Sun 19 <sup>th</sup> September

## **Selectors & Selections**

The selectors must understand the objectives of the District programme. In doing this, they will then have an understanding of where various training programmes fit into the annual plan.

Selectors must be squash enthusiasts with a desire to advance the game of squash in Waikato. Selectors must attend tournaments and, if possible, training camps and liaise with coaches. They require a good knowledge of squash and should have a background as a player, coach, or manager, and have a reasonable knowledge of the requirements of representative squash, and an ability to identify player talent.

### **Selectors Vision**

*To have available a pool of talented and competitive individuals from which:*

- a) Representative teams can be chosen that will represent Waikato with pride and provide both strength and depth as required for the various national competitions.*
- b) Players will be produced who will gain selection into the NZ Squad system*

### **Role & Responsibilities**

The Waikato selectors are responsible for the selection of all district teams and squads, and such other tasks as required from time to time by the district executive. Such tasks may include:

- Selection of district most improved players
- Serving on district sub-committees as required
- Liaison with organisers of tournaments as required

The image presented by selectors is important, and reflects on Squash Waikato. Players, parents, and officials will be aware of the presence of selectors at events, and have high expectations of impartiality

Waikato Selectors shall:

- Attend designated tournaments and training camps as agreed by the selection committee
- Maintain close liaison with the district coach and executive officer
- Develop a general understanding of the district programmes
- Remain objective, impartial and maintain confidentiality
- Support the decisions of the selection panels
- Act ethically and with integrity at all times
- Perform duties within the given budget approved
- Understand and uphold the philosophy of the district and Squash New Zealand
- Be familiar with and apply policies relating to squad and team selection
- Keep confidential all details of correspondence in selection matters

### **Selection Policy**

The selectors will give due consideration to the District performance objectives. In particular, selections will be made on a combination of criteria:

- Form in tournaments and interclub competitions
- Ability to perform in a team environment
- Potential to represent Waikato in future competitions

The selection policy is based on the need to provide the following:

- The most competitive team Waikato can field for the competition in question based on district performance objectives, allowed numbers and budget. (While results in designated tournaments are an important part of choosing teams, final selection may be carried out on the basis of the selector’s opinion.)
- Backup players for each event should illness or injury occur.
- A strong commitment to squad and team culture
- A fulfilment of Squash Waikato players contracts

**Selection Criteria**

The selectors are required to select all teams and squads in accordance with the Squash Waikato Selection Criteria (Appendix 4 & 5).

All players selected for a Junior National Elite or Junior Elite squad will be required to sign an individual player contract (Appendix 1) and all players selected to represent Waikato in a teams event will be required to sign a Players Code of Conduct (Appendix 3). **These forms must be returned to Squash Waikato, failure to do so will mean the player cannot attend a squad or participate in a teams event.**

**Accountability**

The selectors are appointed annually by the district executive board, and are responsible to the district executive for their duties, with all selections to be ratified by the District Executive Officer.

**Selection Panel**

There shall be separate Junior and Senior selection panels and they shall be comprised as follows:

<b>Junior</b>	Convenor	Julie Bunn Robin Lindsay Brian Lloyd
	District Coach	Lindsey Walters
<b>Senior</b>	Convenor	Stephen O’Toole Brian Lloyd ( TBA )
	District Coach	Lindsey Walters

**Conflict of Interest**

Should a conflict of Interest arise in the case of a selector, that selector will step down from the selection panel and be replaced by the district executive officer. A conflict may include and is not limited to:

- Family/Personal relationship
- Coach relationship
- Financial reasons

## **Decision Making**

The criteria for selecting teams has been established by the Squash New Zealand Council. To avoid action being taken against Squash Waikato by any player, it is important that these criteria are strictly followed when selecting players and teams.

Selectors have one vote each in reaching selection decisions.

Selection panel discussions are confidential to the selectors themselves and we do not enter in to any correspondence with players, parents or officials concerned about the outcome of a selection decision. However the panel may resolve to initiate discussions with players provided that no voting preferences are disclosed.

***IN ALL CASES, SELECTORS WILL ACCEPT COLLECTIVE RESPONSIBILITY FOR SELECTION DECISIONS.***

## **Selection Tournaments for 2010**

### **Juniors**

District junior selectors are expected to attend the following 'Selection Tournaments':

- 🏸 Waikato Open (April 30<sup>th</sup> – 2<sup>nd</sup>)
- 🏸 Waikato Junior Age Groups (May 28<sup>th</sup> – 30<sup>th</sup>)
- 🏸 North Island Championships (June 11<sup>th</sup> – 13<sup>th</sup>)
- 🏸 Waikato Junior Open – (July 30<sup>th</sup> – 1<sup>st</sup>)

### **Seniors**

District senior selectors are required to attend the following 'Selection Tournaments':

- 🏸 Matamata Open (March 12<sup>th</sup> – 14<sup>th</sup>)
- 🏸 Waikato Open (April 30<sup>th</sup> – 2<sup>nd</sup>)
- 🏸 North Island Championships (June 11<sup>th</sup> – 13<sup>th</sup>)
- 🏸 Morrinsville Open (July 2<sup>nd</sup> – 4<sup>th</sup>)

These are the tournaments that players are required to play in during 2010 if they wish to be considered for a teams event.

Selectors will also be asked to attend designated training camps in 2010 as agreed by the District Coach.

## **Team Announcement Dates**

District teams will be announced on the following dates:

***Sun 4<sup>th</sup> July – Senior Nationals Team***  
***Sun 1<sup>st</sup> August – Junior Nationals Team***  
***Sun 15<sup>th</sup> August – Masters Nationals Team***

## **Appendix 1 - District Squad Agreement** **Junior National Elite and Elite Squads**

**THIS AGREEMENT MUST BE SIGNED AND RETURNED TO SQUASH WAIKATO, TOGETHER WITH THE SQUAD REGISTRATION FEE, BEFORE YOU CAN PARTICIPATE IN THESE SQUADS.**

**TO BE PART OF A DISTRICT SQUAD YOU MUST BE AN AFFILIATED MEMBER OF A CLUB IN THE WAIKATO.**

This agreement is dated the **15<sup>th</sup> February 2010**.

BETWEEN Squash Waikato ("SW")

AND ("the Player")

WHEREAS - SW annually selects players for the District Squad

- The player has been selected to be a member of the squad for the 2010 season, and acknowledges that their involvement in the squad's activities is conditional upon their entering into this agreement

- The player has agreed to accept the terms and conditions of this agreement

**IT IS AGREED AS FOLLOWS:**

### **1. Term**

1.1 This agreement shall operate from the date it is signed, and terminate on **7<sup>th</sup> October 2010**.

### **2. SW's Obligations**

#### **2.1 Coaching & Support**

2.1.1 SW will provide the squad with a coaching and training programme for the player to follow.

2.1.2 SW shall organise a schedule of training and competitions for the squad. All players are required to participate in the following, unless ineligible or excused by the District Coaching Co-ordinator:

- Squads as arranged with the District Coaching Co-ordinator
- Waikato Junior Age Groups , May 28-30
- Waikato Junior Open, 30-1 July

2.1.3 Players in the Junior National Elite Squad are additionally required to participate in, unless ineligible or excused by the District Coaching Coordinator:

- Waikato Open, 30-2 April
- North Island Championships 11-13 June, Hamilton
- NZ Junior Nationals, September 30-6, Christchurch (Individuals and Teams)

2.1.4 SW shall select District teams.

#### **2.2 Uniform**

- 2.2.1 The SW uniform shall be worn at competitions as directed by SW. In particular SW team gear shall only be worn during appearances as a member of the district team.

### **2.3 Media**

- 2.3.1 SW has the responsibility to promote the squad, and to release information regarding the players to the media during the term of this agreement.
- 2.3.2 SW shall only release information which is personal about the player to the media with the player's consent.

## **3. The Player's Obligations**

### **3.1 Training**

- 3.1.1 The player is required to attend and participate in the training programme arranged by SW as specified in clause 2.1.2 and follow the directions of the SW appointed squad officials and coaches.

If the player is unable to attend a squad, SW must be informed 48 hours prior to the squad taking place. **All players are required to attend squads and only specific reasons for non attendance will be accepted.**

- 3.1.2 The player consents to undergo regular fitness assessments, carried out by SW coaches and officials. It is required that players achieve a certain standard of fitness to be part of a district squad. The players will be informed of these standards prior to the first squad.
- 3.1.3 In addition to the training programme, the player will keep themselves in first class physical condition to enable them to play and train to the best of their ability throughout the term of this agreement.
- 3.1.4 The player warrants that at the date of signing this agreement they have advised the District Coaching Coordinator if they are suffering from any illness or injury or other ailment which may render them incapable of performing and training to the best of their ability.
- 3.1.5 The player shall notify the coach of any illness, injury or other ailment as soon as they become aware of it.
- 3.1.6 Players may also be asked to keep a training diary and will be asked to present this to the squad officials and coaches at each squad session.

### **3.2 Availability and Attendances**

- 3.2.1 The player agrees to attend and participate in all training sessions, tournaments, squad meetings and official functions as directed by SW, unless attendance is excused by SW.
- 3.2.2 The player shall make themselves available for teams selected by SW during the term of this agreement, and if selected shall play to the best of their ability in all such competitions. This includes the Junior Triangular and the Junior Nationals Individuals and Teams Event.

### **3.3 Player Conduct**



- 3.3.1 The player shall follow all reasonable instructions and directions given by SW.
- 3.3.2 If the player is selected for a team, the player shall also comply with the rules and policies of the SW Players Code of Conduct.
- 3.3.3 The player shall not do anything which would or might be likely to bring SW or any member of SW into disrepute.
- 3.3.4 The player shall observe and practice the principles of fair play at all times and shall not behave in an offensive manner towards tournament officials or referees.
- 3.3.5 All squad members are expected to show courtesy and respect towards team managers and coaches, and to follow reasonable instructions given by them.
- 3.3.6 Behaviour must be of a high standard at all times. On court, bad language and poor behaviour will not be tolerated.
- 3.3.7 Alcohol is not permitted during any event on squash club premises.

**4. Termination and Suspension**

- 4.1 SW may terminate this agreement prior to the expiry of its term where there is a material breach by the player of a term in the agreement, or where by reason of long term injury or illness the player is prevented from carrying out their obligations under this agreement following a medical assessment. SW shall notify the player of such termination immediately in writing.
- 4.2 The player may terminate this agreement prior to the expiry of its term by giving seven (7) days notice in writing to SW.
- 4.3 SW may choose to suspend the squad membership of the player upon breach of any term in this agreement, and in particular clauses 3.1.1, 3.1.2, 3.1.3, 3.2.1, 3.2.2, 3.3.2, 3.3.6 and 3.3.7 until such time as the breach is corrected to the satisfaction of SW. In the event that a player is suspended, the obligations of SW as specified in clause 2 of this agreement shall not apply to the player.

**5. Disputes**

- 5.1 SW and the player accordingly agree that in the event of any dispute arising from the operation or interpretation of this agreement they shall discuss them fully, and openly, actively and in good faith negotiate such differences with a view to their speedy resolution.

Signed by: (the Player) )  
 ) .....  
 )

Signed by: Lindsey Walters )  
 for and on behalf of ) .....  
Squash Waikato )



**Appendix 2 - DISTRICT POTENTIAL SQUAD 2010**

**PLAYER AGREEMENT**

15<sup>th</sup> February 2010

Dear Player,

As you have been selected for extra coaching support from the district you are expected to make a certain level of commitment to your squash.

**Term**

This agreement shall operate from the 15<sup>th</sup> February 2010 and terminate on the 7<sup>th</sup> October 2010.

**Training**

You are expected to show commitment to a training programme provided by the District.

**Individual Coaching**

You are entitled to (insert number) x 1 hour individual coaching sessions from your assigned Coach in conjunction with the District Coaching Co-ordinator. These sessions should be taken in the Term of this agreement.

**Discipline**

Good behaviour both on and off the court is essential and as a selected player your professionalism will always be monitored. As a selected player you are not only representing your sport, but also Squash Waikato.

**Termination of this Agreement**

Squash Waikato may terminate this agreement upon breach of the above. Squash Waikato shall notify the player of this cause of action immediately in writing. The player may also terminate this agreement by informing Squash Waikato in writing.

Signed by: (the Player) .....

Date: .....

Signed by: (Karina Ormsby).....

Date: .....



### Appendix 3 - SQUASH WAIKATO PLAYER CODE OF CONDUCT

*~ COMMITMENT AND PRIDE IN REPRESENTING WAIKATO ~*

Congratulations on being selected to represent Squash Waikato –your talent and commitment to squash has been recognised, and we wish you an enjoyable and successful experience with the Junior team.

Your selection brings responsibilities to act as a good ambassador for your club and for the Waikato. The cost of training and sending teams away is considerable and we want **all** players to benefit from this opportunity. All junior squash players representing Squash Waikato are required to comply with the following Code of Conduct. This is distributed to all players and should be signed and returned to indicate it has been read, understood and accepted by both the player (and for those still at school, a parent).

1. All team members are expected to show courtesy and respect towards team managers and coaches, and to follow reasonable instructions given by them. Failure to do this may result in the player being excluded from the team.
2. Behaviour must be of a high standard at all times. On court, bad language and poor behaviour will not be tolerated.
3. A good standard of dress is expected at all times.
4. Alcohol, drugs and party pills are **not** permitted during any junior event neither on squash club premises nor at any other venue.
5. Team members are not permitted to charge phone calls through the motel, or use any other motel services which would be charged to the room.
6. **Failure to comply with this code of conduct may result in your being sent home immediately and at your own (or your parents) expense. You will have let yourself down, and also your team, your supporters, your club and Squash Waikato. Squash Waikato would then reconsider any support it offers to players who behave in an irresponsible or unacceptable manner. Additional disciplinary action may also be taken by the Board.**
7. This Code of Conduct has been approved, and will be implemented, by the Board of Squash Waikato.

\_\_\_\_\_  
Player's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## **Appendix 4**

### **SQUASH WAIKATO JUNIOR REPRESENTATIVE TEAMS**

*~commitment and pride in representing Waikato~*

#### **SELECTION POLICY**

##### **Purpose**

This procedure provides guidelines for the selectors of the Squash Waikato (SW) Junior Representative Teams, junior players and their parents. Our philosophy is to encourage Waikato junior players to strive for representative honours.

SW Junior Representative Teams have three aims:

- to win;
- to develop commitment and pride in representing Waikato;
- to maximise the learning and development experience of representing the Waikato district at National and inter-District events.

##### **Procedure**

1. The SW Board, on the recommendation of the Junior Board, will name a selection panel of two or three people each year. The District Coach is an ex officio member of this selection panel, leaving one or two positions open.
2. The selection panel will identify 'selection' tournaments each year, at which selectors will observe player performance. Players who wish to be considered for a SW Junior Representative Team should attend these tournaments. The selectors can exercise discretion when personal circumstances prevent attendance.
3. Player eligibility to represent Squash Waikato will be guided by the following criteria:
  - Juniors residing in the Waikato region;
  - Juniors who are a full financial member of a club affiliated to SW;
  - Juniors who are active participants in the SW Coaching Squads;
  - Juniors who have previously resided in the Waikato region and have previously participated in the SW Coaching Squads.
4. Factors which will be considered by the selectors include:
  - current form and results
  - commitment to squad training
  - professional attitude and training habits
  - standard of fitness
  - ability to work and perform in a team environment
5. The selectors have discretion to name players who do not meet the criteria in 3 above.
6. The selectors will identify the SW Junior Representative Team to the SW Board prior to the announcement of the team.



## SQUASH WAIKATO SENIOR REPRESENTATIVE TEAMS

*~commitment and pride in representing Waikato~*

### SELECTION PROCEDURE

#### **Purpose**

This procedure provides guidelines for the selectors of the Squash Waikato (SW) Senior Representative Teams and for senior players. Our philosophy is to encourage Waikato players to strive for representative honours.

SW Senior Representative Teams have three aims:

- to win;
- to provide development opportunities for players striving for national honours;
- to represent the Waikato with commitment and pride.

#### **Procedure**

1. The SW Board will name a selection panel of three people each year. The District Coach is an ex officio member of this selection panel.
2. The selection panel will identify 'selection' tournaments each year, at which selectors will observe player performance. Players who wish to be considered for a SW Representative Team should attend these tournaments. The selectors can exercise discretion when circumstances prevent attendance.
3. Player eligibility to represent Squash Waikato will be guided by the following criteria:
  - Seniors residing in the Waikato region;
  - Seniors who are a full financial member of a club affiliated to SW;
  - Seniors who are active participants in the SW Coaching Squads;
  - Seniors who have previously resided in the Waikato region and have previously participated in the SW Coaching Squads.
4. Factors which will be considered by the selectors include:
  - current form and results
  - commitment to squad training
  - professional attitude and training habits
  - standard of fitness
  - ability to work and perform in a team environment
5. The selectors have discretion to name players who do not meet the criteria in 3 above.
6. The selectors will identify the SW Senior Representative Team to the SW Board for ratification prior to the announcement of the team.



## SQUASH WAIKATO MASTERS REPRESENTATIVE TEAMS

*~commitment and pride in representing Waikato~*

### SELECTION PROCEDURE

#### **Purpose**

This procedure provides guidelines for the selectors of the Squash Waikato (SW) Masters Representative Teams and for masters players. Our philosophy is to encourage Waikato players to continue playing at the highest level and to strive for representative honours.

SW Masters Representative Teams have three aims:

- to win;
- to provide development opportunities for players striving for national honours;
- to represent the Waikato with commitment and pride.

#### **Procedure**

1. The SW Board will name a selection panel of three people each year.
2. The selection panel will identify 'selection' tournaments each year, at which selectors will observe player performance. Players who wish to be considered for a SW Masters Representative Team should attend these tournaments. The selectors can exercise discretion when personal circumstances prevent attendance.
3. Player eligibility to represent Squash Waikato will be guided by the following criteria:
  - Masters residing in the Waikato region;
  - Masters who are a full financial member of a club affiliated to SW;
  - Masters who are active participants in the SW Coaching Squads;
  - Masters who have previously resided in the Waikato region and have previously participated in the SW Coaching Squads.
4. Factors which will be considered by the selectors include:
  - current form and results
  - commitment to squad training
  - professional attitude and training habits
  - standard of fitness
  - ability to work and perform in a team environment
5. One player is selected in each of the following age categories:
  - 35-39
  - 40-44
  - 45-49
  - 50-54
  - 55+
6. The selectors have discretion to name players who do not meet the criteria 3 above.
7. The selectors will identify the SW Masters Representative Team to the SW Board for ratification prior to the announcement of the team.

## Appendix 5 Selection Policy for District Potential Squad for 2010

### Juniors

To be selected for the Potential Squad the player must:

- Have the potential to gain selection into the NZ National development / elite squad **OR** have the potential to reach the top 4 in the NZ National rankings in their age group
- Show commitment throughout the season to enable them to progress to an elite level. This includes commitment to a tournament schedule and a training programme provided by the District Coaching Coordinator
- Be prepared to play in the following Tournaments:
  1. **Waikato Open**
  2. **Waikato Junior Age Groups**
  3. **North Island Championships (at Hamilton)**
  4. **Waikato Junior Open**
  5. **NZ Junior Nationals**
- Make themselves available for teams selected by Squash Waikato. This includes the Junior Triangular and the Junior Nationals Individuals and Teams Event.
- Be prepared to play in and support Tournaments within Waikato
- Satisfy the following criteria:
  - ✚ Commitment to District Junior Squads
  - ✚ Good personal behaviour both on and off the court
  - ✚ Professional attitude and training habits

## Selection Policy for District Potential Squad for 2010

### Seniors

To be selected for the Potential Squad the player must:

- Have the potential to gain selection into the NZ National squad **OR** have the potential to reach the top 10 in the NZ National rankings
- Show commitment throughout the season to enable them to progress to an elite level. This includes commitment to a tournament schedule and a training programme provided by the district coach
- Be prepared to play in the following Tournaments:
  1. **Matamata Open**
  2. **Waikato Open**
  3. **North Island Championships**
  4. **Morrinsville Open**
  5. **NZ Senior Nationals**
- Make themselves available for teams selected by Squash Waikato. This includes the *NZ Nationals Individuals and Teams Event*.
- Be prepared to play in and support Tournaments within Waikato
- Satisfy the following criteria:
  - ✚ Commitment to District Senior Squads
  - ✚ Good personal behaviour both on and off the court
  - ✚ Professional attitude and training habits